

Your Skin and the Sun: Is the Damage Done?

It's true that sun exposure early on in life is responsible for 80% of the damage we see by the age of 18. It's not too late to start impeding any damage you could be accruing right now-maybe even at this very minute.

Fifteen minutes walk outside and occasional lunches outdoors, driving in your car with the sun streaming in the windows, can add up to an increase in hyperpigmentation (age spots), sensitivity, weakened collagen and elastin in skin and of course skin cancer. And even if you don't see pink or red skin after being in the sun, that doesn't mean the sun hasn't made it mark.

In short, leave your tanning days behind you and start taking control of the health of your skin today by adding sunscreen to your regimen. Sunscreens are your greatest weapon in helping to control the severity of pigmentation and damage from UV light, as well as helping to prevent the signs of premature aging caused by UV exposure. In fact, sun protection ingredients are the only true ingredients that are "anti-aging" as they help impede UV damage from breaking down collagen and elastin in skin. And with new sunscreen technology that won't clog pores, won't cause excess irritation (redness and burning) and won't feel chalky or greasy, it's much easier to comfortably make them a part of your daily skin care regimen.

The Dermalogica Solar Defense System is comprised of formulations that provide an invisible shield against UVA and UVB rays while working with each skin condition to improve its overall appearance and health. We offer a choice of two sunscreen technologies: chemical-based formulations that protect against UVA and UVB rays by absorbing them, and a physical sunscreen that actually reflects damaging rays.

*Oil Free Matte Block SPF 20	This oil free formula contains microsponge technology to absorb oil, which helps maintain an all day matte finish without any powdery residue. An invisible sunscreen protects against UVA and UVB rays while Green Tea helps soothe and calm inflammation caused by breakouts.
*Super Sensitive Faceblock SPF 30	A skin treatment free of chemical sunscreens designed for skin commonly irritated by sun protection ingredients. Lavender, Green Tea and Licorice soothe irritation while mineral UV blockers Titanium Dioxide and Zinc Oxide invisibly defend against UVA and UVB rays.
*Extra Rich Faceblock SPF 30	An ultra-emollient moisturizer and superior sunscreen in one. Hyaluronic Acid maintains hydration while chemical and physical sunscreens protect against UVA and UVB rays without over drying. Peptides help stimulate collagen for improved tone while our Skin Smoothing Complex helps retexture skin.
Ultra Sensitive Faceblock SPF 25	An ultra-emollient sunscreen that protects against damaging rays without irritation or sunscreen chemicals. A light tint ensures natural coverage, while herbal extracts and antioxidant vitamins soothe the skin.
Solar Defense Booster SPF 30	Change your sun protection as often as the water! Add full-spectrum protection to your moisturizer or foundation by mixing equal parts, our use alone for an SPF of 30
*Multivitamin Bodyblock SPF 20	Instantly hydrate and treat areas prone to aging while blocking damaging UVA & UVB rays with this body moisturizing sunscreen. Panthenol (Pro-Vitamin B5) helps skin recover from previous damage while skin smoothing Shea Butter and Oil of Evening Primrose quickly relieve dryness.
Waterblock Solar Spray SPF 30	This very water resistant spray sunscreen provides full spectrum protection for up to 80 minutes. Vitamin C & E help protect against environmental assaults, while Vitamin A and Organic Silicones condition the skin
Solar Shield SPF 15	Very water resistant protection (up to 80 minutes) in convenient stick form provides a sunscreen and moisture shield for the lips ears and nose.
Full Spectrum Wipes	Convenient wipes make for a take anywhere sun protection. Evenly covers hard to reach areas with any spilling or mess.
After Sun Repair	A treatment balm that helps repair UV damage while instantly soothing overexposed skin. Helps restore lost moisture and scavenges free radicals and accelerates repair of UV induced DNA damage. A blend of herbs helps reduce irritation, redness and pain induced by sunburn. Ideal for use on post-waxed skin.

*UV Smart Booster Technology-enhances photoprotection with antioxidant Vitamins C & E that scavenge the UV-induced free radicals.